

John R. Tongue, M.D. - Curriculum Vitae

Personal data

Date of Birth: March 1, 1946, Portland, Oregon
Marital status: Married to Nancy L. Klein, RN. March 20, 1976, 3 children
Addresses: 6485 SW Borland Rd. #A, Tualatin, OR 97062 Office
930 SW W. Point, Lake Oswego, OR 97034 Home
tonguej@ohsu.edu

Education: Grammar School - 1952-60, Ainsworth Grade School, Portland, OR; Eagle Scout, Age 14
High School - 1960-1964, Lincoln High School, Portland, Oregon
College - 1964-1968, Northwestern University, Evanston, Illinois. BA 1968
Medical School - 1968-1972, Saint Louis University, St. Louis, Missouri. M.D. 1972
Externship - Inselspital U. Hospital, Bern, Switzerland, Summer 1970.
- Denver General Hospital, Winter 1971,
Internship - Rotating O, University of Oregon Medical School, Portland, Oregon 1972-73
Residency -Gen. Surgery, University of Oregon Medical School, Portland, OR 1973-74
-San Francisco Orthopedic Residency Training Program, S.F., CA 1974-77
Fellowships -Sports Medicine, Orthopedic and Fracture Clinic of Eugene. Oct.- Dec. 1977,
-Hand Surgery, University of California, San Francisco, CA Jan. - June 1978

Licensure/Certification: Diplomat, National Board of Medical Examiners, 1973 #129947
State Medical License, Oregon, 1973 #8585
Am. Board of Orthopaedic Surgeons Certification 1979, Recertification 2002

Medical Organizations American Academy of Orthopaedic Surgeons
American Orthopaedic Association
American Association of Hip and Knee Surgeons
American Medical Association
Western Orthopaedic Association
North Pacific Orthopaedic Society
Oregon Association of Orthopaedists
Oregon Medical Association
Portland Metropolitan Medical Society
Twentieth Century Orthopaedic Association
Lamplighters

I. Academic or Institutional Employment and Honors:

A. Employment: John R. Tongue, M.D., P.C., private practice of Orthopaedic Surgery, 1978 to present

B. Academic/Teaching:

Clinical Associate Professor, Oregon Health Sciences University, Portland, Oregon
Faculty, Institute for Healthcare Communication, New Haven, Connecticut
Hand Clinic Instructor, Portland Veterans Administration Hospital, 1978 – 1982

C. Honors:

1. National: 2003 Humanitarian Award, American Academy of Orthopaedic Surgeons.
1991 Public Service Award, National Highway Traffic Safety Association

2. Institutional: 1991 Oregon Health Sciences University Alumni Award
“Outstanding Contribution to Medicine in The Community.”

3. President: North Pacific Orthopaedic Society, 2006

Oregon Association of Orthopaedists 1992

Oregon Chapter, Western Orthopaedic Association 1989

Legacy Meridian Park Hospital Medical Staff, 1986

4. Other: Knighted, Royal Rosarians; Portland Rose Festival, flower ‘Chicago Peace’ 2008
“Sir Knight John R. Tongue has probably saved more lives than any other Oregonian.”

Vocational Service Award, Lake Oswego Rotary 1992

Lake Oswego Citizen of the Year, 1991

Oregon ‘Doctor - Citizen of the Year’, Oregon Medical Association 1986

Vernon P. Thompson Research Award, Western Orthopaedic Association 1977

II. Research:

A. Research Support Institutional:

Am. Orthopaedic Association Student Research Grant, Denver Gen. Hosp, 1971.

B. Publications:

1. Refereed Articles:

- "Hang Gliding Injuries in California", Journal of Trauma; December 1977
"Patellar Ligament Ruptures", Orthopaedic Transactions 1978
co-author Lloyd Taylor, MD
"Limited Arthrography in Acute Knee Injuries", Am. J. of Sports Medicine, 1980\
co-author Robert Larson, MD
"Sliding Injuries", Clinical Orthopaedics and Related Research, 2003.
co-author Maureen Finnegan, MD
"Communication Skills for Patient-Centered Care". Selected ICL, JBJS, March 2005
co-authors Howard Epps MD, and Laura Forese MD

2. Book Chapters:

- "Communication Skills". AAOS Instructional Course Lectures, No. 54, 2005
co-authors Howard Epps MD, and Laura Forese MD
"Patient-Centered Care: Communication Skills and Cultural Competency" OKU 10,
co-author Norman Otsuka. publication 2011,

3. Non-refereed:

- "Drive It Safe" Exhibit as Chair, Public Ed. Committee, AAOS AM Atlanta 1996
"Communicating. The Most Important Procedure You'll Ever Perform."
AAOS Orthopaedic Legal Advisor, Winter 2004
"Approaching new orthopaedic patients" AAOS Bulletin, Aug. 2003 Vol. 51, No. 4.
"Cultural Competency: Enhancing Your Communication Skills",
AAOS OKO Online 2006.

C. Selected Presentations:

1. Training Presentations:

- "Intra-articular Lidocaine", January 1972
Postgraduate Night; Department of Orthopaedics, University of Colorado
- "Hang Gliding Injuries" October 1976
Western Orthopaedic Association Annual Meeting, Phoenix, Arizona
- "Slipped Capital Femoral Epiphysis", April 1977
Higby Camp Papers, University of California at San Francisco
- "Airborne Sports Injuries", Am. Med. Assoc., Annual Meeting, San Francisco, June 1977
- "Hang Gliding Injuries", August 1977
U. of Basel Medical School, Dept. of Surgery, Kantonspital, Basel, Switzerland
- "Patellar Ligament Ruptures", October 1977
Western Orthopedic Association Annual Meeting, Colorado Springs, CO
- "Recreational Trauma Symposium", October 1977
American College of Surgeons Annual Meeting, Dallas, Texas
- "Patellar Ligament Ruptures", February 1978
American Academy of Orthopaedic Surgeons Annual Meeting, Dallas, Texas
- "Limited Arthrography in Acute Knee Injuries" May 1978
Abbott Society Papers, University of California at Davis, Sacramento, California
- "Emergency Care of the Injured Hand" May 1978
Section of Emergency Medicine, U. of California at Davis, Sacramento, California
- "Limited Arthrography in Acute Knee Injuries", July 1978
Am. Orthopaedic Society of Sports Medicine Annual Meeting, Lake Placid, New York

2. Recent Presentations:

- More than 50 AAOS Communication Skills Workshops, given nationwide, 2001 - present.
- Carlander Lectureship; "Community Service" Minn. Orthopedic Society, Minneapolis 2001
- Academic Ortho. Society "Teaching Residents Communication Skills", Wash, D.C. 2001
- Montana Orthopedic Society, Keynote Speaker, Big Sky, 2002
- Northwestern U. Transportation Center "The Epidemiology of Roadway Trauma". 2004
- National Assoc.of Ortho. Nurses "Roadway Safety: News You Can Use", Wash, D.C. 2004
- OR Chapter, WOA, "Surgeon-Patient Communication: How &What Do We Say?"
Salishan, Oregon. 2005.
- AAOS Practice Management Symposia, "Patient-Centered Care", 2005, 2006, 2007.
- AAOS Fall Summit: "Communications Skills"; and "Patient Satisfaction Surveys" 2004
- Twentieth Century Ortho. Association, "Highway Speed Research", Samoset, MA 2006
- AAOS Fall Meeting: Cultural Competency, and Communication Skills Program. 2006
- Lamplighters, "Speed Limits in America", Portland, Oregon. 2007
- Carolinas Medical Center Grand Rounds, "Roadway Trauma", 2008

III. Leadership in Orthopaedics

A. Leadership Positions:

Second Vice-President, AAOS, 2010-2011.
Member, AAOS Council on Research and Quality 2010-2011.
Member, AAOS Council on Education, 2010-2011.
Chair, AAOS Strategic Plan Project Team 2010.
Chair, AAOS Communication Skills Mentors Program, 2001 –2010.
Chair, Membership Committee, 20th Century Ortho. Assoc. 2010.
Chair, Speed Task Force, Oregon Department of Transportation 2009.
Member, Council on Education, AAOS, April 2005 to January 2009
Chair, AAOS 2008 Image Tracking Survey Work Group, 20008-09.
Mentor, AAOS Leadership Fellows Program 2001, 2006, 2008
Treasurer, Board of Directors, Western Orthopaedic Association, 2008-10
Member, Speed Zone Review Panel, Oregon Dept. of Transportation 2007-10.
Host, AAOS Legacy of Heroes Exhibit, Lake Oswego, Oregon 2003
Chair, Board of Councilors, AAOS, 2000 - 2001
Chair Elect, Board of Councilors, AAOS, 1999- 2000
Secretary, Board of Councilors, AAOS, 1998- 1999
Member, Board of Directors, Am. Academy of Orthopaedic Surgeons, 1998 – 2001
ICL Coordinator, 16 Communication Skills Workshops AAOS, 2001-08.
Board Member, Oregon Association of Orthopaedists, 1988 – 2007.
Active Delegate, Oregon Medical Association House of Delegates, 1980 - 2007
Chair, AAOS Public Education Committee, 1996 - 1998
Vice President, North Pacific Orthopedic Society, 2002
Junior Board Member, Western Orthopaedic Association, 1988
Oregon Co-Chair, O.R.E.F., 1996 – 2003.
Chief of Surgery, Legacy Meridian Park Hospital, 1984 - 1986
Program Chair, Oregon Chapter, WOA, Salishan, OR 1985 – 1991
Anatomy Lab Proctor, OHSU Medical School, 1998 - 2010.
OREF Shands Circle 2006- present
AOA Kellogg Leadership Series, Module 1, 2004; Module 2, 2005.

B. Committee and Board Work

1. Active Member:

AAOS Council on Education 1999 – 2000; and 2005 –2009, 2010-11.
AAOS Committee on Public Education, 1995 – 1998; Chair '96-'98
AAOS Council on Research, 1998- 1999; 2010-11.
AAOS Council on Public Policy and Practice, 1995 - 1998 & 2000 – 2001
AAOS Council on Communications, 2001 – 2002

2. Journal Reviews

Journal of Bone and Joint Surgery, Consultant Reviewer,
57 reviews completed, 2001-present

3. National Workgroups: AAOS Ethics and Professionalism Task Force 2009
AAOS External Communications Task Force, 2006
AAOS Patient-Centered Care Project Team, 2005.
AMA/NHTSA Review Comm.: “Assessing and Counseling Older Drivers”, 2003.
AAOS Decade of Bone and Joint Task Force, 1999 – 2000.
AAOS Public Relations Task Force, 1998 – 1999

IV. Public Service

Chief Petitioner, Oregon Safety Belt Initiative, passed into law November 1990
Chair, Oregon Transportation Safety Committee, ODOT, 1998 - 2005
Chair, Oregon Lifebelt Committee, 1984 - 1991
Member, Oregon Governor's Advisory Committee on DUII, 1983 - 1994
Boy Scouts of Am., Lake Oswego Troop 12, Outdoor Comm. Chairman, 1991 –2005
Team Physician, Lake Oswego High School Varsity Football, 1978-1999
Chair, Lake Oswego School District Foundation 1st Fundraising Campaign, 1995
Lake Oswego Rotary, 1978 – present. Active member, Paul Harris Fellow
Founder and Chair, Pledge America, 1983 – 1993, public campaigns against DUII

110707 JT

